Edgar Filing: WEST RONALD A - Form 4

WEST RONA	ALD A											
Form 4												
July 29, 2010												
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								OMB APPROVAL				
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287				
Check this						Expires:	January 31,					
if no longe subject to			CIA	LOW	NERSHIP OF	Estimated	2005 average					
Section 16		SECUR						burden hours per				
Form 4 or Form 5			16() 0.1	a	-			response 0.5				
obligation							ge Act of 1934,					
may contin	nue. Section 17(a)		•	•			of 1935 or Sectio	n				
See Instru	ction	30(h) of the	mvestment	Company	y Aci	. 01 19	40					
1(b).												
(Print or Type R	esponses)											
	dress of Reporting P	erson <u>*</u> 2. Iss	uer Name and	Ticker or 7	Гradin	g	5. Relationship of	of Reporting Person(s) to				
WEST RON	ALD A	Symbo	1	C C				Issuer				
LANNE			NETT CO INC [LCI]				(Check all applicable)					
(Last)	(First) (M	iddle) 3. Date	of Earliest Tr	ansaction			(Check an applicable)					
938 DURSLEY ROAD(Month/Da06/11/20			/Day/Year)			_X_ Director		6 Owner				
			2009				Difficer (give title Other (specify below) below)					
			nendment, Da	ndment, Date Original			6. Individual or Joint/Group Filing(Check					
			Ionth/Day/Year)			Applicable Line)					
BLOOMFIELD HILLS, MI 48304							_X_ Form filed by One Reporting Person Form filed by More than One Reporting					
BLOOMFIE	LD HILLS, IVII 40	0304					Person					
(City)	(State) (Z	Zip) Ta	ble I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned			
1.Title of	2. Transaction Date	3. 4. Securities f TransactionAcquired (A) or				5. Amount of		7. Nature of				
Security (Instr. 3)	(Month/Day/Year)	If Transacti Code	•			Securities Beneficially	Form: Direct (D) or	Indirect Beneficial				
(Instr. 3) any (Month/Day/Y			1 ()				Owned	Indirect (I)	Ownership			
							Following	(Instr. 4)	(Instr. 4)			
					(A)		Reported Transaction(s)					
					or	р.	(Instr. 3 and 4)					
Common			Code V	Amount 7,500	(D)	Price						
Stock	01/19/2010		А	(1)	А	\$0	16,810	D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transacti	5. orNumber	6. Date Exer Expiration D		7. Titl Amou		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(Monul/Day/Year)	(Month/Day/Year)	Code (Instr. 8)	of	(Month/Day, ive es ed ed		Under Secur	lying	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (E	0) Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Ac	ldress	Relationships						
	Director	10% Owner	Officer Othe					
WEST RONALD A								
938 DURSLEY ROAD	Х							
BLOOMFIELD HILLS, M	I 48304							
Signatures								
Keith R. Ruck	07/29/2010							
**Signature of Reporting Person	Date							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents restricted stock award which fully vested on 1/19/2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.