SHINDLER STEVEN M

Form 4 May 02, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response... 0.5

burden hours per

1(b).

Stock

Stock

Stock

Stock

Stock

Common

Common

Common

04/28/2006

04/28/2006

04/28/2006

(Print or Type Responses)

1. Name and Ad SHINDLER	ldress of Reporting F STEVEN M	Person * 2. Issue Symbol	er Name and Ticker or Tradin	ng 5. Relationship of Reporting Person(s) to Issuer
(Last)	(First) (M		DLDINGS INC [NIHD] of Earliest Transaction	(Check all applicable)
` ′	KRIDGE BLVD.,	(Month/	Day/Year)	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Delow) CEO and Chairman of the Board
	(Street)		endment, Date Original onth/Day/Year)	6. Individual or Joint/Group Filing(CheckApplicable Line)_X_ Form filed by One Reporting Person
RESTON, V	A 20191			Form filed by More than One Reporting Person
(City)	(State)	(Zip) Tak	ole I - Non-Derivative Secur	rities Acquired, Disposed of, or Beneficially Owned
	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Ad Transaction(A) or Dispose Code (Instr. 3, 4 and (Instr. 8) (A) or Code V Amount (D)	d of (D) Securities Form: Direct Indirect
Stock	04/28/2006		S 300 D	50 72 421,880 D

59.72

421,749

421,359

421,073

D D

D

D

Common 04/28/2006 S 100 D 420,973 D

S

S

S

131

390

286

D

D

Edgar Filing: SHINDLER STEVEN M - Form 4

Common Stock	04/28/2006	S	400	D	\$ 59.77	420,573	D
Common Stock	04/28/2006	S	400	D	\$ 59.83	420,173	D
Common Stock	04/28/2006	S	200	D	\$ 59.78	419,973	D
Common Stock	04/28/2006	S	800	D	\$ 59.84	419,173	D
Common Stock	04/28/2006	S	543	D	\$ 59.79	418,630	D
Common Stock	04/28/2006	S	700	D	\$ 59.8	417,930	D
Common Stock	04/28/2006	S	1,057	D	\$ 59.85	416,873	D
Common Stock	04/28/2006	S	800	D	\$ 59.81	416,073	D
Common Stock	04/28/2006	S	900	D	\$ 59.86	415,173	D
Common Stock	04/28/2006	S	1,000	D	\$ 59.87	414,174	D
Common Stock	04/28/2006	S	300	D	\$ 59.82	413,873	D
Common Stock	04/28/2006	S	1,633	D	\$ 59.88	412,240	D
Common Stock	04/28/2006	S	2,063	D	\$ 59.89	410,177	D
Common Stock	04/28/2006	S	1,200	D	\$ 59.9	408,977	D
Common Stock	04/28/2006	S	1,300	D	\$ 59.91	407,677	D
Common Stock	04/28/2006	S	1,100	D	\$ 59.92	406,577	D
Common Stock	04/28/2006	S	1,200	D	\$ 59.93	405,377	D
Common Stock	04/28/2006	S	1,400	D	\$ 59.94	403,977	D
Common Stock	04/28/2006	S	2,757	D	\$ 59.95	401,220	D
Common Stock	04/28/2006	S	1,800	D	\$ 59.96	399,420	D
	04/28/2006	S	1,800	D		397,620	D

Edgar Filing: SHINDLER STEVEN M - Form 4

Common Stock					\$ 59.97		
Common Stock	04/28/2006	S	,	D		395,820	D
Common Stock	04/28/2006	S	3,100	D	\$ 59.99	392,720	D
Common Stock	04/28/2006	S	1,840	D	\$ 60	390,880	D
Common Stock	04/28/2006	S	100	D	\$ 60.02	390,780	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D)	i.	ate	7. Title Amoun Underl Securit (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SHINDLER STEVEN M							
10700 PARKRIDGE BLVD.	X		CEO and Chairman of the Doord				
SUITE 600	Λ		CEO and Chairman of the Board				
RESTON, VA 20191							

Reporting Owners 3

Signatures

Robert J. Gilker Attorney-in-Fact 05/01/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

Transactions made on 04/28/2006 are reported on 3 separate Form 4.

This is 2 of 3.

Transactions made on 04/28/2006 were made pursuant to a Rule 10b5-1 Plan.

The amount of securities beneficially owned following reported transactions entered on column 5 of Table I, include 200,000 s

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4