CABOT OIL & GAS CORP

Form 4

February 24, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction 1(b).

Common

Stock

02/22/2010

(Print or Type Responses)

1. Name and Address of Reporting Person * SCHROEDER SCOTT C			Issuer Name and abol	l Ticker or	Tradi	ng	5. Relationship of Reporting Person(s) to Issuer			
			BOT OIL &	GAS CO	RP [COG]	(Check all applicable)			
(Last)	(First) (Middle) 3. D	3. Date of Earliest Transaction							
840 GESSNER ROAD, SUITE 1400			(Month/Day/Year) 02/22/2010				Director 10% Owner Officer (give title Other (specify below) Vice President & CFO			
(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
HOUSTON	, TX 77024	File	d(Month/Day/Yea	r)			Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-l	Derivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Code	4. Securities Acquire or(A) or Disposed of (I (Instr. 3, 4 and 5) (A) or Amount (D) Prior		d of (D)	Beneficially (D) or Ber Owned Indirect (I) Ow Following (Instr. 4) (Instransaction(s) (Instr. 3 and 4)			
Common Stock	02/22/2010		A(1)	3,534	A	\$ 41.95	201,692	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $F^{(2)}$

935

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SEC 1474

(9-02)

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200,757

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amoun	t of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ies	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	3 and 4)		Own
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A manuat		
									Amount		
						Date	Expiration		Or Number		
						Exercisable	Date	Title Number of			
				C + V	(A) (D)						
				Code V	(A) (D)				Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Officer Other Director 10% Owner

SCHROEDER SCOTT C 840 GESSNER ROAD, SUITE 1400 HOUSTON, TX 77024

Vice President & CFO

Signatures

Lisa A. Machesney, Attorney-in-Fact for Scott C. Schroeder

02/24/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- One-third vesting of a hybrid performance share award made on February 22, 2007. Total award of 10,600 shares vest one-third on each of the three one year anniversary dates following February 22, 2007, provided the company has positive operating income in the year prior to the vesting.
- (2) Disposition of shares to cover tax liability on the hybrid performance share vesting.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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