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| Wasnington, D.C. 20549 Number: | | | | | | | | | 3235-0287 January 31, 2005 average irs per | | |
|--|------------|--|--|--|---|------------------------------|------------|---|--|-----------|--|
| (Print or Type Responses) 1. Name and Address of Reporting Person <u>*</u> HIRSCHHORN MARK | | | 2. Issuer Name and Ticker or Trading Symbol Teladoc, Inc. [TDOC] | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | |
| (Last) (First) (Middle) C/O TELADOC, INC.,, 2 MANHATTANVILLE ROAD, SUITE 203 | | | Date of Earliest Transaction (Month/Day/Year) 11/08/2016 | | | | | Director 10% Owner X Officer (give title Other (specify below) below) below) Executive VP, COO and CFO | | | |
| (Street) 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| (City) | (State) | (Zip) | Table | e I - Non-D | erivative | Secur | ities Aco | quired, Disposed o | f, or Beneficial | lly Owned | |
| 1.Title of Security (Instr. 3) | | Date 2A. Dec Zear) Executi any (Month | | 3. Transactic Code (Instr. 8) Code V | | ispose 4 and (A) or | d of | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | |
| Common Stock | 11/08/2016 | | | $S_{(1)}^{(1)}$ | 700 | D) | \$ 17.5 | 267,687 | D | | |
| Common Stock | 11/10/2016 | | | S <u>(1)</u> | 4,300 | D | \$ 17.5 | 263,387 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transactio Code (Instr. 8) | 5. 6. Date Exerce onNumber Expiration Dr of (Month/Day/ Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, | | Date | 7. Titl Amou Under Securi (Instr. | unt of rlying | 8. Price of Derivative Security (Instr. 5) | 9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr |
|---|---|---|---|--|---|---------------------|--------------------|---|--|---|--|
| Repo | rtina C |)wners | | Code V | 4, and 5) (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | |

| Reporting Owner Name / Address | Relationships | | | | | | | |
|---|---------------|-----------|---------------------------|-------|--|--|--|--|
| | Director | 10% Owner | Officer | Other | | | | |
| HIRSCHHORN MARK C/O TELADOC, INC., 2 MANHATTANVILLE ROAD, SUITE 203 PURCHASE, NY 10577 | | | Executive VP, COO and CFO | | | | | |
| Signatures | | | | | | | | |
| /s/ Adam C. Vandervoort, attorney-in-fact | 11/10/20 | 16 | | | | | | |
| **Signature of Reporting Person | Date | | | | | | | |
| Explanation of Responses | 51 | | | | | | | |

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan that was adopted by the reporting person on September 16, 2016.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.