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Teladoc, Inc. Form 4											
March 09, 20											
FORM	4 UNITED	STATES					NGE	COMMISSION		PPROVAL 3235-0287	
Check this box Washington, D.C. 20549										January 31,	
if no longer subject to Section 16.STATEMENT OF CHANGES IN BENEFICIAL (SECURITIESForm 4 or 									Estimated burden hou response	2005 average ours per	
obligatior may conti <i>See</i> Instru 1(b).	Is Section 17(a) of the l	Public U		ding Cor	npan	y Act	of 1935 or Section			
(Print or Type R	lesponses)										
1. Name and A Cappucci Ga	2. Issuer Name and Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer					
	Middle)		oc, Inc. [T]	-			(Check all applicable)				
(Last) C/O TELAD	3. Date of Earliest Transaction (Month/Day/Year) 03/07/2016					Director 10% Owner X Officer (give title Other (specify					
MANHATT SUITE 203	03/07/2010				below) below) Senior VP, Controller and CAO						
				4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
PURCHASE	E, NY 10577		Filed(Mo	onth/Day/Yea	r)			Applicable Line) _X_ Form filed by Form filed by Person	One Reporting P More than One R		
(City)	(State)	(Zip)	Tal	ole I - Non-l	Derivative	Secu	rities A	cquired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution D any (Month/Day(Instr. 3))	Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Reminder: Repo	ort on a separate line	e for each cl	ass of sec	urities bene	ficially ow	ned di	rectly o	or indirectly.			
					inforn requi	natio red to ays a	n cont o respo	spond to the colle ained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	
	Tab			curities Acq ls, warrants				Beneficially Owner securities)	1		

1. Title of	2.	3. Transaction Date	3A. Deemed	4. 5. Number	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction of Derivative	Expiration Date	Underlying Securities

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8	3)	Securitie Acquire (A) or Dispose (D) (Instr. 3 and 5)	d d of	(Month/Day/Year) (I		(Instr. 3 and 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 12.21	03/07/2016		А		5,950		<u>(1)</u>	03/07/2026	Common Stock	5,950

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Cappucci Gabriel R. C/O TELADOC, INC., 2 MANHATTANVILLE ROAD, SUITE 203 PURCHASE, NY 10577			Senior VP, Controller and CAO				
Signatures							
/s/ Adam C. Vandervoort, attorney-in-fact	03/09/20	016					
**Signature of Reporting Person	Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The option will vest as to 25% of the shares on March 7, 2017. The remainder of the shares will vest in 36 equal monthly installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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