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COGENT COMMUNICATIONS HOLDINGS, INC.

Form 3

October 01, 2015

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:

3235-0104

0.5

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting 2. Date of Event Requiring 3. Issuer Name and Ticker or Trading Symbol Person * Statement COGENT COMMUNICATIONS HOLDINGS, INC. **BUBECK JAMES** (Month/Day/Year) [CCOI] 10/01/2015 (Last) (First) (Middle) 4. Relationship of Reporting 5. If Amendment, Date Original Person(s) to Issuer Filed(Month/Day/Year) 2450 N ST NW (Check all applicable) (Street) 6. Individual or Joint/Group Filing(Check Applicable Line) Director 10% Owner _X_ Form filed by One Reporting _X__ Officer Other Person WASHINGTON. DCÂ 20037 (give title below) (specify below) _ Form filed by More than One Chief Revenue Officer Reporting Person (City) (State) (Zip) Table I - Non-Derivative Securities Beneficially Owned 1. Title of Security 2. Amount of Securities 3. 4. Nature of Indirect Beneficial (Instr. 4) Beneficially Owned Ownership Ownership (Instr. 4) Form: (Instr. 5) Direct (D) or Indirect (I) (Instr. 5) $7,125 \frac{(1)}{(2)}$ D Â common stock Reminder: Report on a separate line for each class of securities beneficially SEC 1473 (7-02) owned directly or indirectly. Persons who respond to the collection of information contained in this form are not

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

required to respond unless the form displays a

currently valid OMB control number.

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of	5. Ownership Form of Derivative	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of	Derivative Security	Security: Direct (D) or Indirect	

Shares

(Instr. 5)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

BUBECK JAMES 2450 N ST NW

Â Chief Revenue Officer Â

WASHINGTON, DCÂ 20037

Signatures

James Bubeck 10/01/2015

**Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - 5,900 of these shares are granted pursuant to restricted stock awards from 2014 and 2015 that vest in quarterly increments through October of 2019. A restricted stock award for 900 shares vests in increments of 69 or 70 shares a quarter commencing on December 1,
- (1) 2015. A restricted stock award for 5,000 shares provides that 1,250 shares will vest on October 1, 2016 and subsequent quarterly vesting will be in increments of 312 or 313 shares per quarter thereafter. The 5,000 share grant contains an acceleration clause for death, disability and, subject to certain conditions, a Change of Control. All 5,900 shares the subject of the restricted stock awards have voting rights. The grant documents are filed as exhibits to a periodic report on Form 8-K dated October 1, 2015.
- (2) A portion of these securities is not vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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