BCB BANCORP INC

Form 4 July 19, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Washington, D.C. 20549
Check this box
if no longer

STATEMENT OF CHANCES IN PENERICIAL OWN

if no longer subject to Section 16.
Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *BIELAN JUDITH Q

(Street)

(First) (Middle)

104-110 AVENUE C

(Last)

BAYONNE, NJ 07002

2. Issuer Name **and** Ticker or Trading Symbol

BCB BANCORP INC [BCBP]

3. Date of Earliest Transaction (Month/Day/Year) 07/19/2013

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

OMB

Number:

Expires:

response...

OMB APPROVAL

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

X Director _____ 10% Owner
_____ Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)

X_ Form filed by One Reporting Person
____ Form filed by More than One Reporting

Person

(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Own

(City)	(State)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	07/19/2013		F	8,507	D	\$ 10.76	59,362	D	
Common Stock	07/19/2013		M	9,800	A	\$ 9.34	69,162	D	
Common Stock							984	I	Daughter
Common Stock							2,463	I	Son
Common Stock							926	I	Spouse
							6,484	I	IRA

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Common Stock

Common 5,371 I IRA/Spouse Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number out Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options	\$ 9.03					01/17/2014	01/17/2023	Common Stock	10,000
Stock Options	\$ 8.93					09/29/2012	09/29/2021	Common Stock	5,000
Stock Options	\$ 9.34	07/19/2013		M	9,800	08/13/2003	08/13/2013	Common Stock	9,800
Stock Options	\$ 11.84					08/12/2004	08/12/2014	Common Stock	16,592

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
BIELAN JUDITH Q 104-110 AVENUE C BAYONNE, NJ 07002	X						

Signatures

/s/ Alan Schick, pursuant to power of 07/19/2013 attorney

2 Reporting Owners

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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