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DOUGLAS Form 4	S KEVIN											
March 24, 2	ЛЛ									3 APPROVAL		
	UNITED	RITIES ashingtor				COMMISSIO	N OMB Number	3235-0287				
Check t if no lou subject Section Form 4 Form 5 obligati may con <i>See</i> Inst 1(b).	nger to 16. or Filed pu ons ntinue.	F CHA Section Public U	NGES IN SECU 16(a) of t	F Estimate burden l respons	January 31 Expires: 200 Estimated average burden hours per response 0.3							
(Print or Type	Responses)											
DOUGLAS KEVIN Symbol AME				er Name ar RICAN SI /DE/ [AI	UPERCC		-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
				of Earliest 7 Day/Year) 2011	Fransactior	1		Director Officer (gi below)		10% Owner Other (specify		
LARKSPU	(Street) JR, CA 94939			nendment, I onth/Day/Ye	-	al		6. Individual or Applicable Line) Form filed by _X_ Form filed b Person	y One Reporting	g Person		
(City)	(State)	(Zip)	Tal	ble I - Non-	-Derivativo	e Secu	rities Ac	quired, Disposed	of, or Benefi	cially Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Da	Date, if	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock	03/22/2011			Р	40,000	А	\$ 23.41	1,825,864	D (1)			
Common Stock	03/22/2011			Р	33,000	A	\$ 23.41	2,268,670	I (2) (3)	By James Douglas and Jean Douglas Irrevocable Descendants' Trust		
Common Stock	03/22/2011			Р	17,000	A	\$ 23.41	1,231,492	I (2) (4)	By Douglas Family Trust		

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Common Stock	03/22/2011	Р	10,000	А	\$ 23.41	739,810	I (2) (5)	By James E. Douglas III
Common Stock	03/23/2011	Р	48,800	А	\$ 23.35	1,874,664	D (1)	
Common Stock	03/23/2011	Р	40,260	A	\$ 23.35	2,308,930	I (2) (3)	By James Douglas and Jean Douglas Irrevocable Descendants' Trust
Common Stock	03/23/2011	Р	20,740	А	\$ 23.35	1,252,232	I (2) (4)	By Douglas Family Trust
Common Stock	03/23/2011	Р	12,200	А	\$ 23.35	752,010	I (2) (5)	By James E. Douglas III

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration D (Month/Day, e			le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

DOUGLAS KEVIN 125 E. SIR FRANCIS DRAKE BLVD., STE 400 LARKSPUR, CA 94939

Х

Douglas Michelle 125 E. SIR FRANCIS DRAKE BLVD., STE 400 LARKSPUR, CA 94939	Х	
DOUGLAS FAMILY TRUST 125 E. SIR FRANCIS DRAKE BLVD., STE 400 LARKSPUR, CA 94939	Х	
JAMES & JEAN DOUGLAS IRREVOCABLE DESCENDANTS TRUST 125 E. SIR FRANCIS DRAKE BLVD., STE 400 LARKSPUR, CA 94939	Х	
DOUGLAS JAMES E III 125 E. SIR FRANCIS DRAKE BLVD., STE 400 LARKSPUR, CA 94939	Х	
Signatures		
/s/ Tim McGaw, attorney in fact for Kevin Douglas		03/24/2011
<u>**</u> Signature of Reporting Person		Date
/s/ Tim McGaw, attorney in fact for Michelle Douglas		03/24/2011
<u>**</u> Signature of Reporting Person		Date
/s/ Tim McGaw, attorney in fact for Douglas Family Trust		03/24/2011
**Signature of Reporting Person		Date
/s/ Tim McGaw, attorney in fact for James Douglas and Jean Douglas Irrevocable Descendants' Trust		03/24/2011
**Signature of Reporting Person		Date
/s/ Tim McGaw, attorney in fact for James E. Douglas III		03/24/2011
<u>**</u> Signature of Reporting Person		Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are held directly and jointly by Kevin Douglas and Michelle Douglas, husband and wife.

(2) The reporting persons are filing this Form 4 jointly, but not as members of a group, and each expressly disclaims membership in a group.
 (2) The filing of this Form 4 should not be construed as an admission that any reporting person is, and each such person disclaims that that such person is, the beneficial owner, as defined in Rule 13d-3 under the Securities Exchange Act of 1934, as amended, of any of the securities covered by this Form 4, except for securities that such person holds directly.

- (3) These shares are held directly by the James Douglas and Jean Douglas Irrevocable Descendants' Trust and indirectly by Kevin Douglas and Michelle Douglas as co-trustees of the James Douglas and Jean Douglas Irrevocable Descendants' Trust.
- (4) These shares are held directly by the Douglas Family Trust and indirectly by Kevin Douglas, James E. Douglas, Jr. and Jean A. Douglas, husband and wife, as co-trustees of the Douglas Family Trust.
- (5) These shares are held directly by James E. Douglas III and indirectly by Kevin Douglas.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.