KANTOR GREGG S

Form 5

February 11, 2011

OMB APPROVAL FORM 5 **OMB**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Reported Form 4

1(b).

Common

Common

Common

Common

Stock

Stock

Stock

Stock

12/16/2010

12/16/2010

12/16/2010

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Transactions Reported

1. Name and A KANTOR (Address of Reporting GREGG S	Symbol	HWEST NA	ker or Trading	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (N	,	Day/Year)	s Fiscal Year Ended	_X_ Director _X_ Officer (give below)		Owner r (specify	
220 NW SE	ECOND AVE				resident & CEO			
	(Street)		endment, Date nth/Day/Year)	Original	6. Individual or Joint/Group Reporting (check applicable line)			
PORTLAN	D, OR 97209				_X_ Form Filed by O	One Reporting Pe More than One Re		
(City)	(State)	(Zip) Tab	le I - Non-Der	rivative Securities Acq	uired, Disposed of	, or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	

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G

G

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Amount (D) Price

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D

D

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\$0

\$0

\$0

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18,474.6854

18,309.6854

18,234.6854

3,053.0069

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January 31,

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Number:

Expires:

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Estimated average

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Reminder: Report on a separate line for each class of			Persons w	mation	SEC 2270				
Common Stock	Â	Â	Â	Â	Â	Â	270	I	See Footnote (4)
Common Stock	Â	Â	Â	Â	Â	Â	200	I	See Footnote (3)
Common Stock	Â	Â	Â	Â	Â	Â	1,715.707	I	See Footnote (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option to Buy	\$ 31.34	Â	Â	Â	Â	Â	(5)	03/04/2014	Common Stock	6,000
Employee Stock Option to Buy	\$ 34.29	Â	Â	Â	Â	Â	(6)	02/29/2016	Common Stock	3,000
Employee Stock Option to Buy	\$ 44.48	Â	Â	Â	Â	Â	(7)	02/28/2017	Common Stock	7,000
Employee Stock Option to Buy	\$ 43.29	Â	Â	Â	Â	Â	(8)	03/06/2018	Common Stock	8,000
Employee	\$ 41.15	Â	Â	Â	Â	Â	(9)	03/04/2019	Common	25,000

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Stock Stock Option to Buy

Employee

Stock Common \hat{A} \hat{A} \hat{A} \hat{A} (10)Â Â 03/02/2020 \$ 44.25 30,000 Option to Stock

Buy

Reporting Owners

Relationships Reporting Owner Name / Address Director 10% Owner Officer Other KANTOR GREGG S ÂX 220 NW SECOND AVE À President & CEO À PORTLAND, ORÂ 97209

Signatures

Shawn M. Fillipi 02/11/2011 Attorney-in-Fact

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- **(1)** Held in reporting person's account under issuer's Retirement K Savings Plan as of January 31, 2011.
- **(2)** Shares have been credited to reporting person's account under the issuer's Deferred Compensation Plan for Directors and Executives.
- Shares held in reporting person's parent's account, with respect to which the reporting person is Power of Attorney and a potential (3)beneficiary.
- Shares held in reporting person's parent's IRA account, with respect to which the reporting person is Power of Attorney and a potential **(4)** beneficiary.
- Option was granted for 6,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option (5) fully vested on January 1, 2007.
- Option was granted for 3,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option (6)fully vested on January 1, 2010.
- Option was granted for 7,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option **(7)** fully vested on January 1, 2011.
- Option was granted for 8,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option (8)vests in installments of 2,000 shares on each February 27, 2009 and January 1, 2010, 2011, and 2012.
- Option was granted for 25,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The **(9)** option vests in installments of 6,250 shares on each February 25, 2010 and January 1, 2011, 2012, and 2013.
- Option was granted for 30,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 7,500 shares on each February 24, 2011 and January 1, 2012, 2013, and 2014.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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