STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

FELTZ STEPHEN P

Form 4

September 28, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005

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if no longer subject to Section 16. Form 4 or Form 5

obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * FELTZ STEPHEN P			2. Issuer Name and Ticker or Trading Symbol NORTHWEST NATURAL GAS CO [NWN]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 220 NW SECOND AVE			3. Date of Earliest Transaction (Month/Day/Year) 09/24/2010					Director 10% Owner _X Officer (give title Other (specify below) Treasurer & Controller			
PORTLAN	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Tak	ole I - Non-	Derivativ	e Secu		ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	Execution any		Code (Instr. 8)	4. Securionor Dispo (Instr. 3,	sed of 4 and (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	09/24/2010			M	5,000	A	\$ 26.3	17,600 (1)	D		
Common Stock	09/24/2010			S	4,500	D	\$ 46.9124 (2)	13,100 (3)	D		
Common Stock								3,293.4133	I	See Footnote	
Common								294.612	I	See Footnote	

(5)

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See Common 228.612 Footnote Ι Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exer Expiration D (Month/Day/	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option to Buy	\$ 26.3	09/24/2010		M		5,000	<u>(7)</u>	03/05/2012	Common Stock	5,000
Employee Stock Option to Buy	\$ 31.34						<u>(8)</u>	03/04/2014	Common Stock	5,000
Employee Stock Option to Buy	\$ 34.29						<u>(9)</u>	02/29/2016	Common Stock	2,500
Employee Stock Option to Buy	\$ 44.48						(10)	02/28/2017	Common Stock	2,000
Employee Stock Option to Buy	\$ 43.29						<u>(11)</u>	03/06/2018	Common Stock	2,000
Employee Stock	\$ 41.15						(12)	03/04/2019	Common Stock	2,000

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Option to Buy

Employee

Stock Option to \$44.25

Buy

(13) 03/02/2020 Common Stock

Stock 2,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

FELTZ STEPHEN P 220 NW SECOND AVE PORTLAND, OR 97209

Treasurer & Controller

Signatures

Shawn M. Filippi, Attorney-in-Fact

09/28/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stephen P Feltz exercised an option to purchase 5,000 shares at \$26.30 each and then sold 4,500 of those shares at an average price of \$46.9124 each on September 24, 2010 and now directly and indirectly holds a total of 16,916.64 shares.
- The sale of Northwest Natural Gas Company stock took place in 47 seperate broker transactions occurring on 9/24/2010. The price in column 4 represents the weighted average sale price for the transactions reported on this line. The range of prices for these transactions was \$46.80 -\$47.025. Northwest Natural Gas Company will provide upon request by the Commission staff or a security holder of Northwest Natural Gas Company full information regarding the number of shares purchased or sold at each separate price.
- (3) Mr. Feltz gifted 50 shares on June 18, 2010. This gift of shares will be reported on a Form 5 for the year ending 2010.
- (4) Held in reporting person's account in issuer's Retirement K Savings Plan as of August 31, 2010.
- (5) Held by reporting person as custodian under the Oregon Uniform Transfers to Minors Act for Grant M. Feltz.
- (6) Held by reporting person as custodian under the Oregon Uniform Transfers to Minors Act for Callista Feltz.
- Option was granted for 5,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option fully vested January 1, 2005.
- (8) Option was granted for 5,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option fully vested on January 1, 2007.
- (9) Option was granted for 2,500 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option fully vested on January 1, 2010.
- Option was granted for 2,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 500 shares on each February 21, 2008 and January 1, 2009, 2010, and 2011.
- Option was granted for 2,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 500 shares on each February 27, 2009 and January 1, 2010, 2011, and 2012.
- Option was granted for 2,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 500 shares on each February 25, 2010 and January 1, 2011, 2012, and 2013.

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Reporting Owners 3

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Option was granted for 2,000 shares pursuant to Northwest Natural Gas Company's Restated Stock Option Plan (the "Plan"). The option vests in installments of 500 shares on each February 24, 2011 and January 1, 2012, 2013, and 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.