LaPlume Joseph W Form 4 March 12, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading LaPlume Joseph W Issuer Symbol **CHARLES RIVER** (Check all applicable) **LABORATORIES** INTERNATIONAL INC [CRL] Director 10% Owner Other (specify _X__ Officer (give title . (Last) (First) (Middle) 3. Date of Earliest Transaction below) (Month/Day/Year) EVP, Corp Strategy & Develop 251 BALLARDVALE STREET 03/08/2019

> (Street) 4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person

Form filed by More than One Reporting Person

WILMINGTON, MA 01887

(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	(A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/08/2019		Code V M	Amount 1,542	(D)	Price \$ 76.67	16,325	D	
Common Stock	03/08/2019		M	3,350	A	\$ 73.7	19,675	D	
Common Stock	03/08/2019		M	3,492	A	\$ 88.05	23,167	D	
Common Stock	03/08/2019		M	3,204	A	\$ 109.34	26,371	D	
Common Stock	03/08/2019		S	200	D	\$ 137.415	26,171	D	

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Common Stock	03/08/2019	S	100	D	\$ 137.43 26,071	D
Common Stock	03/08/2019	S	198	D	\$ 137.44 25,873	D
Common Stock	03/08/2019	S	302	D	\$ 137.45 25,571	D
Common Stock	03/08/2019	S	400	D	\$ 137.46 25,171	D
Common Stock	03/08/2019	S	400	D	\$ 137.48 24,771	D
Common Stock	03/08/2019	S	100	D	\$ 137.495 24,671	D
Common Stock	03/08/2019	S	200	D	\$ 137.515 24,471	D
Common Stock	03/08/2019	S	308	D	\$ 137.53 24,163	D
Common Stock	03/08/2019	S	300	D	\$ 137.56 23,863	D
Common Stock	03/08/2019	S	100	D	\$ 137.58 23,763	D
Common Stock	03/08/2019	S	164	D	\$ 137.605 23,599	D
Common Stock	03/08/2019	S	330	D	\$ 137.63 23,269	D
Common Stock	03/08/2019	S	300	D	\$ 137.64 22,969	D
Common Stock	03/08/2019	S	6	D	\$ 137.665 22,963	D
Common Stock	03/08/2019	S	100	D	\$ 137.71 22,863	D
Common Stock	03/08/2019	S	200	D	\$ 137.72 22,663	D
Common Stock	03/08/2019	S	500	D	\$ 137.73 22,163	D
Common Stock	03/08/2019	S	100	D	\$ 137.735 22,063	D
Common Stock	03/08/2019	S	200	D	\$ 137.74 21,863	D
Common Stock	03/08/2019	S	100	D	\$ 137.75 21,763	D
	03/08/2019	S	100	D	\$ 137.76 21,663	D

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Common Stock						
Common Stock	03/08/2019	S	100	D	\$ 137.77 21,563	D
Common Stock	03/08/2019	S	300	D	\$ 137.8 21,263	D
Common Stock	03/08/2019	S	114	D	\$ 137.81 21,149	D
Common Stock	03/08/2019	S	300	D	\$ 137.82 20,849	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 $\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 76.67	03/08/2019		M		1,542	02/27/2016	02/27/2020	Common Stock	1,542
Stock Options (Right to Buy)	\$ 73.7	03/08/2019		M		3,350	02/26/2017	02/26/2021	Common Stock	3,350
Stock Options (Right to Buy)	\$ 88.05	03/08/2019		M		3,492	02/24/2018	02/24/2022	Common Stock	3,492
Stock Options	\$ 109.34	03/08/2019		M		3,204	02/23/2019	02/23/2023	Common Stock	3,204

(Right to Buy)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LaPlume Joseph W 251 BALLARDVALE STREET WILMINGTON, MA 01887

EVP, Corp Strategy & Develop

Signatures

/s/ Joseph W. LaPlume 03/11/2019

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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