WOJTEK FRANK A

Form 4

November 29, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

Number: 3235-0287

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if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * WOJTEK FRANK A			2. Issuer Name and Ticker or Trading Symbol CARRIZO OIL & GAS INC [CRZO]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 14701 ST. Ma 800	(First) (Mi	ddle) UITE	3. Date of Earliest Transaction (Month/Day/Year) 11/24/2004	X_ Director 10% Owner Officer (give title below) Other (specify below)		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
HOUSTON, TX 77079				Form filed by More than One Reporting Person		

(City)	(State)	Zip) Table	e I - Non-D	erivative S	Securit	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4	sposed 4 and 5 (A) or	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/24/2004		Code V M	Amount 50,000	(D)	Price \$ 2.25	485,799	D	
Common Stock	11/24/2004		S	50,000	D	\$ 9.5	435,799	D	
Common Stock	11/24/2004		M	20,000	A	\$ 4.01	455,799	D	
Common Stock	11/24/2004		S	20,000	D	\$ 9.5	435,799	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Stock Option (Right to Buy)	\$ 2.25	11/24/2004		M	50,000	02/17/2001(1)	02/17/2010	Common Stock	50,000
Stock Option (Right to Buy)	\$ 4.01	11/24/2004		M	20,000	12/06/2002(2)	12/06/2011	Common Stock	20,000

Reporting Owners

Reporting Owner Name / Address	Relationships
Reporting Owner Name / Address	Keiationsinps

Director 10% Owner Officer Other

WOJTEK FRANK A 14701 ST. MARY'S LANE SUITE 800 HOUSTON, TX 77079

X

Signatures

Frank A. Wojtek 11/29/2004

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options are exercisable in cumulative annual increments of 1/3 of the total number of shares of Common Stock subject thereto, beginning on February 17, 2001, the first anniversary of the date of grant.

(2)

Reporting Owners 2

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The options are exercisable in cumulative annual increments of 1/3 of the total number of shares of Common Stock subject thereto, beginning on December 6, 2002, the first anniversary of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.