MYERS MICHAEL SCOTT

per share

Form 4

November 26, 2004

November 20	5, 2004										
FORM	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION						OMB AF	3235-0287			
Check thi	is box	Washington, D.C. 20549						January 31,			
subject to Section 1 Form 4 o	if no longer subject to Section 16. Form 4 or STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP SECURITIES						NERSHIP OF	Expires: 2005 Estimated average burden hours per response 0.5			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type I	Responses)										
1. Name and A	Symbol	2. Issuer Name and Ticker or Trading ymbol HIBBETT SPORTING GOODS INC				5. Relationship of Reporting Person(s) to Issuer					
	[HIBB]	II SPOR	TING G	OOL	S INC	(Check all applicable)					
(Last) 451 INDUS	(Month/E			Date of Earliest Transaction onth/Day/Year)				Director 10% Owner X Officer (give title Other (specify below) below)			
131 11 (120)	(Street)		11/24/2004				VP of Loss Prevention & HR				
BIRMINGH	endment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ransaction Date 2A. Deemed onth/Day/Year) Execution Date, if any (Month/Day/Year)			spose 4 and	equired d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
					(A) or		Transaction(s) (Instr. 3 and 4)				
Common			Code V	Amount	(D)	Price	(Instr. 5 and 1)				
Stock, par velue \$.01 per share	11/24/2004		M	2,025	A	\$ 8.85	0	D			
Common Stock, par value \$.01 per share	11/24/2004		S	2,025	D	\$ 24.89	0	D			
Common Stock, par value \$.01	11/24/2004		A	1,800	A	\$ 9.82	0	D			

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Common

Stock, par value \$.01 11/24/2004 S 1,800 D \$ 24.89 0 D

per share

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	ransaction Derivative ode Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 8.85	11/24/2004		M		2,025	02/21/2004	02/21/2011	Common Stock	2,025
Common Stock Option (Right to Buy)	\$ 9.82	11/24/2004		M		1,800	02/26/2004	02/26/2012	Common Stock	1,800

Reporting Owners

	Relationships			
Reporting Owner Name / Address				

Director 10% Owner Officer Other

MYERS MICHAEL SCOTT

451 INDUSTRIAL LANE

BIRMINGHAM, AL 35211

VP of Loss Prevention & HR

Reporting Owners 2

Signatures

Michael Scott Myers 11/26/2004

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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